

## Shed some light on epilepsy

DB resident Shyamala Padmasola is involved with Enlighten Hong Kong, a charity that aspires to raise awareness of epilepsy and eliminate the stigma that exists for people with disease. She hopes that people will come to realise that epilepsy is just another disorder like diabetes that can be controlled with medication. Look for the Enlighten HK booth at either the Conrad Fair on November 21 or the American Women's Association Fair on November 8 at the Happy Valley racecourse. They'd love your support! And, if you can help at either one of these events, please email [s.padmasola@enlightenhk.org](mailto:s.padmasola@enlightenhk.org), or visit [www.enlightenhk.org](http://www.enlightenhk.org).

