

Greetings from the Enlighten Team!

Enlighten has started its second year in Hong Kong with great prospects to continue helping all of those affected by epilepsy. Here are some of the activities that we have carried through the last quarter:



From left to right: Karisa Kong, Administrator, Stephanie Wong, Social Worker, Joanna Perez, Director, Lowina Lee, Training Manager.

Support Services

Most people who have epilepsy need help in accepting the condition. Through counselling they are able to come to terms with the diagnosis and develop a strong sense of self-esteem and independence. Through counselling we help them emphasising on abilities rather than difficulties.

Enlighten is cooperating with the Patient Resource Centres of Queen Mary Hospital and Duchess of Kent Children's Hospital with the "Community-based Epilepsy Project". We service children with epilepsy and their carers with education, counselling and support, information on community resources, etc. every week.

Since Enlighten serves more than just the epileptic patient, it serves the entire family, we organize social events to encourage sharing and combat isolation.

Image: Enlighten's Christmas party with clients from the "Community Base Epilepsy Project".



Raising Awareness

Enlighten Hong Kong is committed to raising the public awareness of epilepsy and assisting members of our community to increase their understanding and therefore their ability to support people living with epilepsy. Through public education and awareness, we strive to lessen the prejudice that is frequently directed against people with seizure disorders.



We have delivered epilepsy awareness and first aid training to close to 400 individuals from a wide range of backgrounds such as the carers from Salvation Army Social Services, Tung Wah Group of Hospitals Social Services Division, parents and carers at Fu Hong Society and Thai and Filipino domestic helpers. *Images: Thai domestic helpers practicing epilepsy recovery position in a first aid course. Training manager at Fu Hong Society.*



Fundraising events

Enlighten's Candlelight dinner of 5th December 2003.

Guests light up candles while donating to improve the lives of those with epilepsy in Hong Kong.



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